

The Ultimate Endurance Challenge
Hydro Tasmania Three Peaks Race
Conducted by the Port Dalrymple
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Love this challenge

Placing Runners and sailors with teams

In an endeavour to place all runners and sailors looking for places with competing teams, the race committee is undertaking a targeted promotion to attract past competitors along with new teams to build the race in anticipation of the 20th race in 2008.

Knowing that for most first-time teams it takes the experience gained from their first race to build a potentially winning team for the next year, the committee has offered advice on both sailing and running that can assist new competitors. This advice is aimed not only to ensure that competitors safely complete the race but also provide tips on how to navigate the best course in Franklin Sound and when they depart Lady Barron, traditionally an area seen as a place of difficulty for the uninitiated.

Early requests have been received from a number expectant athletes and sailors from Tasmania, New South Wales and Queensland hoping to join teams.

The race regularly attracts runners from most Australian states, the United Kingdom, New Zealand and the USA looking to join a race team. Any sailor planning to compete can be assured they can recruit very competent long distant runners many of whom can assist with sailing tasks.

The Three Peaks starts at Beauty Point on Good Friday, 16th April 2007 and ends in Hobart three to four days later. Runners from each team scale Mt Strzelecki on Flinders Island, Mt Freycinet at Coles Bay and Mt Wellington in Hobart, crossing the finishing line at Constitution Dock. The race, now in its 19th year, covers approximately 335 nautical miles of sailing and 131 kilometres of road, track and mountain running.

Entries for the 2007 Hydro Tasmania Three Peaks Race are required by Friday, 23rd February 2007 although late entries will be accepted.

ends

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